

Laavan Anand Karaj

soohee mehlaa 4.

Soohee, Fourth Mehl:

har pahilarhee laav parvirtee karam drirh-aa-i-aa bal
raam jee-o.

In the first round of the marriage ceremony, the Lord sets out His Instructions for performing the daily duties of married life.

banee barahmaa vayd Dharam darirhHu paap tajaa-i-
aa bal raam jee O.

Instead of the hymns of the Vedas to Brahma, embrace the righteous conduct of Dharma, and renounce sinful actions.

Dharam darirhHu har naam Dhi aavahu simrit naam
drirh-aa-i-aa.

Meditate on the Lord's Name; embrace and enshrine the contemplative remembrance of the Naam.

satgur gur pooraa aaraaDhahu sabh kilvikh paap gavaa-

i-aa.

Worship and adore the Guru, the Perfect True Guru,
and all your sins shall be dispelled.

sahj anand ho-aa vadbhaagee man har har meethaa

laa-i-aa.

By great good fortune, celestial bliss is attained, and
the Lord, Har, Har, seems sweet to the mind.

jan kahai naanak laav pahilee aarambh kaaj rachaa-i-

aa. ||1||

Servant Nanak proclaims that, in this, the first round of
the marriage ceremony, the marriage ceremony has

begun. ||1||

har doojrhee laav satgur purakh milaa i-aa bal raam

jee-o.

In the second round of the marriage ceremony, the

Lord leads you to meet the True Guru, the Primal

Being.

nirbha-o bhai man ho-ay ha-umai mail V gavaa-i-aa bal

raam jee-o.

With the Fear of God, the Fearless Lord in the mind,
the filth of egotism is eradicated.

nirmal bha-o paa-i-aa har gun gaa-i-aa har vaykhai
raam hadooray.

In the Fear of God, the Immaculate Lord, sing the
Glorious Praises of the Lord, and behold the Lord's
Presence before you.

har aatam raam pasaari-aa su-aamee sarab rahi-aa
bharpooray..

The Lord, the Supreme Soul, is the Lord and Master of
the Universe; He is pervading and permeating
everywhere, fully filling all spaces.

antar baahar har parabh ayko mil har jan mangal gaa-
ay.

Deep within, and outside as well, there is only the One
Lord God. Meeting together, the humble servants of
the Lord sing the songs of joy.

jan naanak doojee laav chala-ee anhad sabad vajaa-
ay. ||2||

Servant Nanak proclaims that, in this, the second round
of the marriage ceremony, the unstruck sound current
of the Shabad resounds. ||2||

har teejrhee laav man chaa-o bha-i-aa bairaagee-aa bal
raam jee-o.

In the third round of the marriage ceremony, the mind
is filled with Divine Love.

sant janaa har mayl har paa-i-aa vadbhaagee-aa bal
raam jee-o.

Meeting with the humble Saints of the Lord, I have
found the Lord, by great good fortune.

nirmal har paa-i-aa har gun gaa-i-aa mukh bolee har
banee.

I have found the Immaculate Lord, and I sing the
Glorious Praises of the Lord. I speak the Word of the
Lord's Bani.

sant janaa vadbhaagee paa-i-aa har kathee-ai akath
kahaanee.

By great good fortune, I have found the humble Saints,
and I speak the Unspoken Speech of the Lord.

hirdai har har har Dhun upjee har japee-ai mastak
bhaag jee-o.

The Name of the Lord, Har, Har, Har, vibrates and
resounds within my heart; meditating on the Lord, I
have realized the destiny inscribed upon my forehead.

jan naanak bolay teejee laavai har upjai man bairaag
jee-o. ||3||

Servant Nanak proclaims that, in this, the third round
of the marriage ceremony, the mind is filled with
Divine Love for the Lord. ||3||

har cha-utharhee laav man sahj bha-i aa har paa-i-aa
bal raam jee-o.

In the fourth round of the marriage ceremony, my
mind has become peaceful; I have found the Lord.

gurmukh mili-aa subhaa-ay har man tan meethaa laa-i-
aa bal raam jee-o.

As Gurmukh, I have met Him, with intuitive ease; the
Lord seems so sweet to my mind and body.

har meethaa laa-i-aa mayray parabh bhaa-i-aa an-din
har liv laa-ee.

The Lord seems so sweet; I am pleasing to my God.
Night and day, I lovingly focus my consciousness on the
Lord.

man chindi-aa fal paa-i-aa su-aamee har naam vajee
vaaDhaa-ee.

I have obtained my Lord and Master, the fruit of my
mind's desires. The Lord's Name resounds and
resonates.

har parabh thaakur kaaj rachaa-i-aa Dhan hirdai naam
vigaasee.

The Lord God, my Lord and Master, blends with His
bride, and her heart blossoms forth in the Naam.



jan naanak bolay cha-uthee laavai har paa-i-aa parabh

avinaasee. ||4||2||

Servant Nanak proclaims that, in this, the fourth round
of the marriage ceremony, we have found the Eternal

Lord God. ||4||2||

