

## Japji Sahib

ik-oNkaar sat naam kartaa purakh nirbha-o nirvair  
akaaal moorat ajoonee saibhaN gur parsaad.

jap.

aad sach jugaad sach.

hai bhee sach naanak hosee bhee sach. ||1||

sochai soch na hova-ee jay sochee lakh vaar.

chupai chup na hova-ee jay laa-ay rahaa liv taar.

bhukhi-aa bhukh na utree jay bannaa puree-aa bhaar.

sahas si-aanpaa lakh hohi ta ik na chalai naal.

kiv sachi-aaraa ho-ee-ai kiv koorhai tutai paal.

hukam rajaa-ee chalnaa naanak likhi-aa naal. ||1||

hukmee hovan aakaar hukam na kahi-aa jaa-ee.

hukmee hovan jee-a hukam milai vadi-aa-ee.

hukmee utam neech hukam likh dukh sukh paa-ee-ah.

iknaa hukmee bakhsees ik hukmee sadaa bhavaa-ee-

ah.

hukmai andar sabh ko baahar hukam na ko-ay.  
naanak hukmai jay bujhai ta ha-umai kahai na ko-ay.

||2||

gaavai ko taan hovai kisai taan.  
gaavai ko daat jaanai neesaan.  
gaavai ko gun vadi-aa-ee-aa chaar.  
gaavai ko vidi-aa vikham veechaar.  
gaavai ko saaj karay tan khayh.  
gaavai ko jee-a lai fir dayh.  
gaavai ko jaapai disai door.  
gaavai ko vaykhai haadraa hadoor.

kathnaa kathee na aavai tot.  
kath kath kathee kotee kot kot.  
daydaa day laiday thak paahi.  
jugaa jugantar khaahee khaahi.  
hukmee hukam chala-ay raahu.  
naanak vigsai vayparvaahu. ||3||

saachaa saahib saach naa-ay bhaakhi-aa bhaa-o apaar.

aakhahi mangahi dahi dahi daat karay daataar.

fayr ke agai rakhee-ai jit disai darbaar.

muhou ke bolan bolee-ai jit sun Dharay pi-aar.

amrit vaylaa sach naa-o vadi-aa-ee veechaar.

karmee aavai kaprhaa nadree mokh du-aar.

naanak ayvai jaanee-ai sabh aapay sachiaar. ||4||

thaapi-aa na jaa-ay keetaa na ho-ay.

aapay aap niranjan so-ay.

jिन sayvi-aa tin paa-i-aa maan.

naanak gaavee-ai gunee niDhaan.

gaavee-ai sunee-ai man rakhee-ai bhaa-o.

dukh parhar sukh ghar lai jaa-ay.

gurmukh naadaN gurmukh vaydaN gurmukh rahi-aa

samaa-ee.

gur eesar gur gorakh barmaa gur paarbatee maa-ee.

jay ha-o jaanaa aakhaa naahee kahnaa kathan na jaa-

ee.

guraa ik dahi bujhaa-ee.

sabhnaa jee-aa kaa ik daataa so mai visar na jaa-ee.

||5||

tirath naavaa jay tis bhaavaa vin bhaanay ke naa-ay

karee.

jaytee sirath upaa-ee vaykhaa vin karmaa ke milai la-

ee.

mat vich ratan javaahar maanik jay ik gur kee sikh

sunee.

guraa ik dahi bujhaa-ee.

sabhnaa jee-aa kaa ik daataa so mai visar na jaa-ee.

||6||

jay jug chaaray aarjaa hor dasoonee ho-ay.

navaa khanda vich jaanee-ai naal chalai sabh ko-ay.

changa naa-o rakhaa-ay kai jas keerat jag lay-ay.

jay tis nadar na aavee ta vaat na puchhai kay.

keetaa andar keet kar dosee dos Dharay.

naanak nirgun gun karay gunvanti-aa gun day.  
tayhaa ko-ay na sujh-ee je tis gun ko-ay karay. ||7||

suni-ai siDh peer sur naath.

suni-ai Dharat Dhaval aakaas.

suni-ai deep lo-a paataal.

suni-ai pahi na sakai kaal.

naanak bhagtaa sadaa vigaas.

suni-ai dookh paap kaa naas. ||8||

suni-ai eesar barmaa ind.

suni-ai mukh saalaahan mand.

suni-ai jog jugat tan bhayd.

suni-ai saasat simrit vayd.

naanak bhagtaa sadaa vigaas.

suni-ai dookh paap kaa naas. ||9||

suni-ai sat santokh gi-aan.

suni-ai athsath kaa isnaan.

suni-ai parh parh paavahi maan.

suni-ai laagai sahj Dhi-aan.  
naanak bhagtaa sadaa vigaas.  
suni-ai dookh paap kaa naas. ||10||

suni-ai saraa gunaa kay gaah.  
suni-ai saykh peer paatisaah.  
suni-ai anDhay paavahi raahu.  
suni-ai haath hovai asgaahu.  
naanak bhagtaa sadaa vigaas.  
suni-ai dookh paap kaa naas. ||11||

mannay kee gat kahee na jaa-ay.  
jay ko kahai pichhai pachhutaay.  
kaagad kalam na likhanhaar.  
mannay kaa bahi karan veechaar.  
aisaa naam niranjan ho-ay.  
jay ko man jaanai man ko-ay. ||12||

mannai surat hovai man buDh.  
mannai sagal bhavan kee suDh.

mannai muhi chotaa naa khaa-ay.

mannai jam kai saath na jaa-ay.

aisaa naam niranjan ho-ay.

jay ko man jaanai man ko-ay. ||13||

mannai maarag thaak na paa-ay.

mannai pat si-o pargat jaa-ay.

mannai mag na chalai panth.

mannai Dharam saytee san-banDh.

aisaa naam niranjan ho-ay.

jay ko man jaanai man ko-ay. ||14||

mannai paavahi mokh du-aar.

mannai parvaarai saaDhaar.

mannai tarai taaray gur sikh.

mannai naanak bhavahi na bhikh.

aisaa naam niranjan ho-ay.

jay ko man jaanai man ko-ay. ||15||

panch parvaan panch parDhaan.

panchay paavahi dargahi maan.

panchay sohahi dar raajaan.  
panchaa kaa gur ayk Dhi-aan.  
jay ko kahai karai veechaar.  
kartay kai karnai naahee sumaar.  
Dhoul Dharam da-i-aa kaa poot.  
santokh thaap rakhi-aa jin soot.  
jay ko bujhai hovai sachiaar.  
Dhavlai upar kaytaa bhaar.  
Dhartee hor parai hor hor.  
tis tay bhaar talai kavan jor.  
jee-a jaat rangaa kay naav.  
sabhnaa likhi-aa vurhee kalaam.  
ayhu laykhaa likh jaanai ko-ay.  
laykhaa likhi-aa kaytaa ho-ay.  
kaytaa taan su-aali hu roop.  
kaytee daat jaanai koun koot.  
keetaa pasaa-o ayko kavaa-o.  
tis tay ho-ay lakh daree-aa-o.



kudrat kavan kaha veechaar.  
vaari-aa na jaavaa ayk vaar.  
jo tuDh bhaavai saa-ee bhalee kaar.  
too sadaa salaamat nirankaar. ||16||

asaNkh jap asaNkh bhaa-o.  
asaNkh poojaa asaNkh tap taa-o.  
asaNkh garanth mukh vayd paath.

asaNkh jog man rahahi udaas.  
asaNkh bhagat gun gi-aan veechaar.  
asaNkh satee asaNkh daataar.  
asaNkh soor muh bhakh saar.

asaNkh mon liv laa-ay taar.  
kudrat kavan kaha veechaar.  
vaari-aa na jaavaa ayk vaar.  
jo tuDh bhaavai saa-ee bhalee kaar.  
too sadaa salaamat nirankaar. ||17||

asaNkh moorakh anDh ghor.  
asaNkh chor haraamkhor.

asaNkh amar kar jaahi jor.  
asaNkh galvadh hati-aa kamaahi.  
asaNkh paapee paap kar jaahi.  
asaNkh koorhi-aar koorhay firaaahi.  
asaNkh malaychh mal bhakh khaahi.  
asaNkh nindak sir karahi bhaar.  
naanak neech kahai veechaar.  
vaari-aa na jaavaa ayk vaar.  
jo tuDh bhaavai saa-ee bhalee kaar.  
too sadaa salaamat nirankaar. ||18||  
asaNkh naav asaNkh thaav.  
agamm agamm asaNkh lo-a.  
asaNkh kehahi sir bhaar ho-ay.  
akhree naam akhree saalaah.  
akhree gi-aan geet gun gaah.  
akhree likhan bolan baan.  
akhraa sir sanjog vakhaan.  
jin ayhi likhay tis sir naahi.

jiv furmaa-ay tiv tiv paahi.  
jaytaa keetaa taytaa naa-o.  
vin naavai naahee ko thaa-o.  
kudrat kavan kaha veechaar.  
vaari-aa na jaavaa ayk vaar.  
jo tuDh bhaavai saa-ee bhalee kaar.  
too sadaa salaamat nirankaar. ||19||

bharee-ai hath pair tan dayh.  
paanee Dhotai utras khayh.  
moot paleetee kaparh ho-ay.  
day saaboon la-ee-ai oh Dho-ay.  
bharee-ai mat paapaa kai sang.  
oh Dhopai naavai kai rang.  
punnee paapee aakhan naahi.  
kar kar karnaa likh lai jaahu.  
aapay beej aapay hee khaahu.  
naanak hukmee aavhu jaahu. ||20||  
tirath tap da-i-aa dat daan.

jay ko paavai til kaa maan.  
suni-aa mani-aa man keetaa bhaa-o.  
antargat tirath mal naa-o.  
sabh gun tayray mai naahee ko-ay.  
vin gun keetay bhagat na ho-ay.  
su-asat aath banee barmaa-o.  
sat suhaan sadaa man chaa-o.

kavan so vaylaa vakhat kavan kavan thit kavan vaar.  
kavan se rutee maahu kavan jit ho-aa aakaar.  
vayl na paa-ee-aa pandtee je hovai laykh puraan.  
vakhat na paa-i-o kaadee-aa je likhan laykh kuraan.  
thit vaar naa jogee jaanai rut maahu naa ko-ee.  
jaa kartaa sirthee ka-o saajay aapay jaanai so-ee.  
kiv kar aakhaa kiv saalaahae ki-o varnee kiv jaanaa.  
naanak aakhan sabh ko aakhai ik doo ik si-aanaa.  
vadaa saahib vadee naa-ee keetaa jaa kaa hovai.  
naanak jay ko aapou jaanai agai ga-i-aa na sohai.

paataalaa paataal lakh aagaasaa aagaas.  
orhak orhak bhaal thakay vayd kahan ik vaat.  
sahas athaarah kahan kataybaa asuloo ik Dhaat.  
laykhaa ho-ay ta likee-ai laykhai ho-ay vinaas.  
naanak vadaa aakhee-ai aapay jaanai aap. ||22||  
saalaahee saalaahi aytee surat na paa-ee-aa.  
nadee-aa atai vaah pavahi samund na jaanee-ahi.  
samund saah sultaan girhaa saytee maal Dhan.  
keerhee tul na hovnee jay tis manhu na veesrahi.

||23||

ant na siftee kahan na ant.

ant na karnai dayn na ant.

ant na vaykhan sunan na ant.

ant na jaapai ki-aa man mant.

ant na jaapai keetaa aakaar.

ant na jaapai paaraavaar.

ant kaaran kaytay billaahi.

taa kay ant na paa-ay jaahi.

ayhu ant na jaanai ko-ay.  
bahutaa kahee-ai bahutaa ho-ay.  
vadaa saahib oochaa thaa-o.  
oochay upar oochaa naa-o.  
ayvad oochaa hovai ko-ay.  
tis oochay ka-o jaanai so-ay.  
jayvad aap jaanai aap aap.  
naanak nadree karmee daat. ||24||  
bahutaa karam likhi-aa naa jaa-ay.  
vadaa daataa til na tamaa-ay.  
kaytay mangahi joDh apaar.  
kayti-aa ganat nahee veechaar.  
kaytay khap tutahi vaykaar.  
kaytay lai lai mukar paahi.  
kaytay moorakh khaahee khaahi.  
kayti-aa dookh bhookh sad maar.  
ayhi bhe daat tayree daataar.  
band khalaasee bhaanai ho-ay.

hor aakh na sakai ko-ay.  
jay ko khaa-ik aakhan paa-ay.  
oh jaanai jaytee-aa muhi khaa-ay.  
aapay jaanai aapay day-ay.  
aakhahi se bhe kay-ee kay-ay.  
jis no bakhস্য sifat saalaah.  
naanak paatisaahee paatisaahu. ||25||

amul gun amul vaapaar.  
amul vaapaaree-ay amul bhandaar.  
amul aavahi amul lai jaahi.  
amul bhaa-ay amulaa samaahi.  
amul Dharam amul deebaan.  
amul tul amul parvaan.  
amul bakhsees amul neesaan.  
amul karam amul furmaan.  
amulo amul aakhi-aa na jaa-ay.  
aakh aakh rahay liv laa-ay.  
aakhahi vayd paath puraan.

aakhahi parhay karahi vakhi-aan.

aakhahi barmay aakhahi ind.

aakhahi gopee tai govind.

aakhahi eesar aakhahi siDh.

aakhahi kaytay keetay buDh.

aakhahi daanav aakhahi dayv.

aakhahi sur nar mun jan sayv.

kaytay aakhahi aakhan paahi.

kaytay kahi kahi uth uth jaahi.

aytay keetay hor karayhi.

taa aakh na sakahi kay-ee kay-ay.

jayvad bhaavai tayvad ho-ay.

naanak jaanai saachaa so-ay.

jay ko aakhai boluvigaarh.

taa likee-ai sir gaavaaraa gaavaar. ||26||

so dar kayhaa so ghar kayhaa jit bahi sarab samaalay.

vaajay naad anayk asankhaa kaytay vaavanhaaray.

kaytay raag paree si-o kahee-an kaytay gaavanhaaray.



gaavahi tuhno pa-un paanee baisantar gaavai raajaa

Dharam du-aaray.

gaavahi chit gupat likh jaaneh likh likh Dharam

veechaaray.

gaavahi eesar barmaa dayvee sohan sadaa savaaray.

gaavahi ind idaasan baithay dayviti-aa dar naalay.

gaavahi siDh samaaDhee andar gaavan saaDh

vichaaray.

gaavan jatee satee santokhee gaavahi veer karaaray.

gaavan pandit parhan rakheesar jug jug vaydaa naalay.

gaavahi mohnee-aa man mohan surgaa machh pa-i-

aalay.

gaavan ratan upaa-ay tayray athsath tirath naalay.

gaavahi joDh mahaabal sooraa gaavahi khaanee

chaaray.

gaavahi khand mandal varbhandaa kar kar rakhay

Dhaaray.

say-ee tuDhuno gaavahi jo tuDh bhaavan ratay tayray

bhagat rasaalay.

hor kaytay gaavan say mai chit na aavan naanak ki-aa  
veechaaray.

so-ee so-ee sadaa sach saahib saachaa saachee naa-ee.  
hai bhee hosee jaa-ay na jaasee rachnaa jin rachaa-ee.  
rangee rangee bhaatee kar kar jinsee maa-i-aa jin  
upaa-ee.

kar kar vaykhai keetaa aapnaa jiv tis dee vadi-aa-ee.  
jo tis bhaavai so-ee karsee hukam na karnaa jaa-ee.  
so paatisaahu saahaa paatisaahib naanak rahan rajaa-  
ee. ||27||

munda santokh saram pat jholee Dhi-aan kee karahi  
bibhoot.

khintha kaal ku-aaree kaa-i-aa jugat dandaa parteet.  
aa-ee panthee sagal jamaatee man jeetai jag jeet.  
aadays tisai aadays.

aad aneel anaad anaahat jug jug ayko vays. ||28||

bhugat gi-aan da-i-aa bhandaraan ghat ghat vaajeh  
naad.

aap naath naathee sabh jaa kee riDh siDh avraa saad.  
sanjog vijog du-ay kaar chalaaveh laykhay aavahi  
bhaag.

aadays tisai aadays.

aad aneel anaad anaahat jug jug ayko vays. ||29||

aykaa maa-ee jugat vi-aa-ee tin chaylay parvaan.  
ik sansaaree ik bhandaree ik laa-ay deebaan.  
jiv tis bhaavai tivai chalaavai jiv hovai furmaan.  
oh vaykhai onaa nadar na aavai bahutaa ayhu vidaan.

aadays tisai aadays.

aad aneel anaad anaahat jug jug ayko vays. ||30||

aasan lo-ay lo-ay bhandaar.  
jo kichh paa-i-aa so aykaa vaar.  
kar kar vaykhai sirjanhaar.  
naanak sachay kee saachee kaar.

aadays tisai aadays.

aad aneel anaad anaahat jug jug ayko vays. ||31||

ik doo jeebhoo lakh hohi lakh hoveh lakh vees.

lakh lakh gayrhaa aakhee-ahi ayk naam jagdees.

ayt raahi pat pavrhee-aa charhee-ai ho-ay ikees.

sun galaa aakaas kee keetaa aa-ee rees.

naanak nadree paa-ee-ai koorhee koorhai thees.

||32||

aakhan jor chupai nah jor.

jor na mangan dayn na jor.

jor na jeevan maran nah jor.

jor na raaj maal man sor.

jor na surtee gi-aan veechaar.

jor na jugtee chhutai sansaar.

jis hath jor kar vaykhai so-ay.

naanak utam neech na ko-ay. ||33||

raatee rutee thitee vaar.

pavan paanee agnee paataal.

tis vich Dhartee thaap rakhee Dharam saal.

tis vich jee-a jugat kay rang.

tin kay naam anayk anant.

karmee karmee ho-ay veechaar.

sachaa aap sachaa darbaar.

tithai sohan panch parvaan.

nadree karam pavai neesaan.

kach pakaa-ee othai paa-ay.

naanak ga-i-aa jaapai jaa-ay. ||34||

Dharam khand kaa ayho Dharam.

gi-aan khand kaa aakhhu karam.

kaytay pavan paanee vaisantar kaytay kaan mahays.

kaytay barmay ghaarhat gharhee-ahi roop rang kay

vays.

kaytee-aa karam bhoomee mayr kaytay kaytay Dhoo

updays.

kaytay ind chand soor kaytay kaytay mandal days.  
kaytay siDh buDh naath kaytay kaytay dayvee vays.  
kaytay dayv daanav mun kaytay kaytay ratan samund.  
kaytee-aa khaanee kaytee-aa banee kaytay paat  
narind.

kaytee-aa surtee sayvak kaytay naanak ant na ant.

||35||

gi-aan khand meh gi-aan parchand.  
tithai naad binod kod anand.  
saram khand kee banee roop.  
tithai ghaarhat gharhee-ai bahut anoop.  
taa kee-aa galaa kathee-aa naa jaahi.  
jay ko kahai pichhai pachhutaay-ay.  
tithai gharhee-ai surat mat man buDh.  
tithai gharhee-ai suraa siDhaa kee suDh. ||36||

karam khand kee banee jor.

tithai hor na ko-ee hor.

tithai joDh mahaabal soor.

tin meh raam rahi-aa bharpoor.  
tithai seeto seetaa mahimaa maahi.  
taa kay roop na kathnay jaahi.  
naa ohi mareh na thaagay jaahi.  
jin kai raam vasai man maahi.  
tithai bhagat vaseh kay lo-a.  
karaahi anand sachaa man so-ay.  
sach khand vasai nirankaar.  
kar kar vaykhai nadar nihaal.  
tithai khand mandal varbhand.  
jay ko kathai ta ant na ant.  
tithai lo-a lo-a aakaar.  
jiv jiv hukam tivai tiv kaar.  
vaykhai vigsai kar veechaar.  
naanak kathnaa karrhaa saar. ||37||  
jat paahaaraa Dheeraj suni-aar.  
ahran mat vayd hathee-aar.  
bha-o khalaag an tap taa-o.

bhaaNdaa bhaa-o amrit tit dhaal.  
gharhee-ai sabad sachee taksaal.  
jin ka-o nadar karam tin kaar.  
naanak nadree nadar nihaal. ||38||

salok.

pavan guroo paanee pitaa maataa Dharat mahat.  
divas raat du-ay daa-ee daa-i-aa khaylai sagal jagat.  
chang-aa-ee-aa buri-aa-ee-aa vaachai Dharam hadoor.  
karmee aapo aapnee kay nayrhai kay door.  
jinee naam Dhi-aa-i-aa ga-ay maskat ghaal.  
naanak tay mukh ujlay kaytee chhutee naal. ||1||