

Barah Maha

baarah maahaa maaNjh mehlaa 5 ghar 4

ik-oNkaar satgur parsaad.

kirat karam kay veechhurhay kar kirpaa maylhu raam.

chaar kunt dah dis bharamay thak aa-ay parabh kee

saam.

Dhayn duDhai tay baahree kitai na aavai kaam.

jal bin saakh kumlaavatee upjahi naahee daam.

har naah na milee-ai saajnai kat paa-ee-ai bisraam.

jit ghar har kant na pargata-ee bhath nagar say garaam.

sarab seegaar tambol ras san dayhee sabh khaam.

parabh su-aamee kant vihoonee-aa meet sajan sabh

jaam.

naanak kee banantee-aa kar kirpaa deejai naam.

har maylhu su-aamee sang parabh jis kaa nihchal

Dhaam. ||1||

chayt govind araaDhee-ai hovai anand ghanaa.

sant janaa mil paa-ee-ai rasnaa naam bhanaa.

jin paa-i-aa parabh aapnaa aa-ay tiseh ganaa.
ik khin tis bin jeevnaa birthaa janam janaa.
jal thal mahee-al poori-aa ravi-aa vich vanaa.
so parabh chit na aavee kit-rhaa dukh ganaa.
jinee raavi-aa so parabhoo tinnaa bhaag manaa.
har darsan kaN-u man lochdaa naanak pi-aas manaa.
chayt milaa-ay so parabhoo tis kai paa-ay lagaa. ||2||

vaisaakh Dheeran ki-o vaadhee-aa jinaa paraym
bichhohu.
har saajan purakh visaar kai lagee maa-i-aa Dhohu.
putar kaltar na sang Dhanaa har avinaasee oh.
palach palach saglee mu-ee jhoothai DhanDhai moh.
ikas har kay naam bin agai la-ee-ah khohi.
da-yu visaar viguchnaa parabh bin avar na ko-ay.
pareetam charnee jo lagay tin kee nirmal so-ay.
naanak kee parabh bayntee parabh milhu paraapat ho-
ay.

vaisaakh suhaavaa taaN lagai jaa sant bhaytai har so-

ay. ||3||

har jayth jurhandaa lorhee-ai jis agai sabh nivann.

har sajan daavan lagi-aa kisai na day-ee bann.

maanak motee naam parabh un lagai naahee sann.

rang sabhay naaraa-inai jaytay man bhaavann.

jo har lorhay so karay so-ee jee-a karann.

jo parabh keetay aapnay say-ee kahee-ahi Dhan.

aapan lee-aa jay milai vichhurh ki-o rovann.

saaDhoo sang paraapatay naanak rang maanan.

har jayth rangeelaa tis Dhaneer jis kai bhaag mathann.

||4||

aasaarh tapandaa tis lagai har naahu na jinna paas.

jagjeevan purakh ti-aag kai maanas sandee aas.

duyai bhaa-ay viguchee-ai gal pa-ees jam kee faas.

jayhaa beejai so lunai mathai jo likhi-aas.

rain vihaanee pachhutaanee uth chalee ga-ee niraas.

jin kou saaDhoo bhaytee-ai so dargeh ho-ay khalaas.

kar kirpaa parabh aapnee tayray darsan ho-ay pi-aas.
parabh tuDh bin doojaa ko nahee naanak kee ardaas.
aasaarh suhandaa tis lagai jis man har charan nivaas.

||5||

saavan sarsee kaamnee charan kamal si-o pi-aar.
man tan rataa sach rang iko naam aDhaar.
bikhi-aa rang koorhaavi-aa disan sabhay chhaar.
har amrit boond suhaavane mil saaDhoo peevanhaar.
van tin parabh sang ma-oli-aa samrath purakh apaar.
har milnai no man lochdaa karam milaavanhaar.
jinee sakhee-ay parabh paa-i-aa haN-u tin kai sad
balihaar.

naanak har jee ma-i-aa kar sabad savaaranhaar.
saavan tinaa suhaagane jin raam naam ur haar. ||6||

bhaadu-ay bharam bhulaanee-aa doojai lagaa hayt.
lakh seegaar banaa-i-aa kaaraj naahee kayt.
jit din dayh binsasee tit vaylai kahsan parayt.

pakarh chala-in doot jam kisai na daynee bhayt.
chhad kharhotay khinai maahi jin si-o lagaa hayt.
hath marorhai tan kapay si-aahhu ho-aa sayt.
jayhaa beejai so lunai karmaa sand-rhaa khayt.
naanak parabh sarnaagatee charan bohith parabh dayt.
say bhaadu-ay narak na paa-ee-ah gur rakhan vaalaa
hayt. ||7||

asun paraym umaahrhaa ki-o milee-ai har jaa-ay.
man tan pi-aas darsan ghanee ko-ee aan milaavai maa-
ay.
sant sahaa-ee paraym kay ha-o tin kai laagaa paa-ay.
vin parabh ki-o sukh paa-ee-ai doojee naahee jaa-ay.
jinHee chaakhi-aa paraym ras say taripat rahay aaghaa-
ay.

aap ti-aag bintee karahi layho parabhoo larh laa-ay.
jo har kant milaa-ee-aa se vichhurh kateh na jaa-ay.
parabh vin doojaa ko nahee naanak har sarnaa-ay.

asoo sukhee vasandee-aa jinaa ma-i-aa har raa-ay.

||8||

katik karam kamaavnay dos na kaahoo jog.

parmaysar tay bhuli-aaN vi-aapan sabhay rog.

vaimukh ho-ay raam tay lagan janam vijog.

khin meh ka-urhay ho-ay ga-ay jit-rhay maa-i-aa bhog.

vich na ko-ee kar sakai kis thai roveh roj.

keetaa kichhoo na hova-ee likhi-aa Dhur sanjog.

vadbhaagee mayraa parabh milai taaN utreh sabh bi-
og.

naanak ka-o parabh raakh layhi mayray saahib bandee
moch.

katik hovai saaDhsang binsahi sabhay soch. ||9||

manghir maahi sohandee-aa har pir sang baith-rhee-
aah.

tin kee sobhaa ki-aa ganee je saahib maylrhee-aah.

tan man ma-oli-aa raam si-o sang saaDh sahaylrhee-
aah.

saaDh janaa tay baahree say rahan ikaylarhee-aah.
tin dukh na kabhoo utrai say jam kai vas parhee-aah.
jinee raavi-aa parabh aapnaa say disan nit kharhee-
aah.

ratan javayhar laal har kanth tinaa jarhee-aah.
naanak baaNchhai Dhoorh tin parabh sarnee dar
parhee-aah.

manghir parabh aaraaDhanaa bahurh na janamrhee-
aah. ||10||

pokh tukhaar na vi-aapa-ee kanth mili-aa har naahu.
man bayDhi-aa charnaarbind darsan lagrhaa saahu.
ot govind gopaal raa-ay sayvaa su-aamee laahu.
bikhi-aa pohi na sak-ee mil saaDhoo gun gaahu.
jah tay upjee tah milee sachee pareet samaahu.
kar geh leenee paarbarahm bahurh na vichhurhi-aahu.
baar jaa-o lakh bayree-aa har sajan agam agaahu.
saram pa-ee naaraa-inai naanak dar pa-ee-aahu.

pokh sohandaa sarab sukh jis bakhsay vayparvaahu.

||11||

maagh majan sang saaDhoo-aa Dhoorhee kar isnaan.

har kaa naam Dhi-aa-ay sun sabhnaa no kar daan.

janam karam mal utrai man tay jaa-ay gumaan.

kaam karoDh na mohee-ai binsai lobh su-aan.

sachai maarag chaldi-aa ustat karay jahaan.

athsath tirath sagal punn jee-a da-i-aa parvaan.

jis no dayvai da-i-aa kar so-ee purakh sujaan.

jinaa mili-aa parabh aapnaa naanak tin kurbaan.

maagh suchay say kaaNdhee-ah jin pooraa gur

miharvaan. ||12||

fulgun anand upaarjanaa har sajan pargatay aa-ay.

sant sahaa-ee raam kay kar kirpaa dee-aa milaa-ay.

sayj suhaavee sarab sukh hun dukhaa naahee jaa-ay.

ichh punee vadbhaagnee var paa-i-aa har raa-ay.

mil sahee-aa mangal gaavhee geet govind alaa-ay.

har jayhaa avar na dis-ee ko-ee doojaa lavai na laa-ay.

halat palat savaari-on nihchal ditee-an jaa-ay.
sansaar saagar tay rakhi-an bahurh na janmai Dhaa-ay.
jihvaa ayk anayk gun taray naanak charnee paa-ay.
fulgun nit salaah-ai jis no til na tamaa-ay. ||13||

jinnin naam Dhi-aa-i-aa tin kay kaaj saray.
har gur poora aaraaDhi-aa dargeh sach kharay.
sarab sukhaa niDh charan har bha-ojal bikham taray.
paraym bhagat tin paa-ee-aa bikhi-aa naahi jaray.
koorh ga-ay dubiDhaa nasee pooran sach bharay.
paarbarahm parabh sayvday man andar ayk Dharay.
maah divas moorat bhalay jis ka-o nadar karay.
naanak mangai daras daan kirpaa karahu haray.

||14||1||