

Barah Maha

Baareh Maahaa Maanjh Mehalaa 5 Ghar 4

Baarah Maahaa~ The Twelve Months: Maajh, Fifth
Mehl, Fourth House:

Ik Oankaar Sathigur Prasaadh ||

One Universal Creator God. By The Grace Of The True
Guru:

Kirath Karam Kae Veeshhurrae Kar Kirapaa Maelahu
Raam ||

By the actions we have committed, we are separated
from You. Please show Your Mercy, and unite us with
Yourself, Lord.

Chaar Kuntt Dheh Dhis Bhramae Thhak Aaeae Prabh
Kee Saam ||

We have grown weary of wandering to the four
corners of the earth and in the directions. We have
come to Your Sanctuary, God.

Dhhaen Dhudhhai Thae Baaharee Kithai N Aavai Kaam

||

Without milk, a cow serves no purpose.

Jal Bin Saakh Kumalaavathee Oupajehi Naahee Dhaam

||

Without water, the crop withers, and it will not bring a
good price.

Har Naah N Mileeai Saajanai Kath Paaeeai Bisaraam ||

If we do not meet the Lord, our Friend, how can we
find our place of rest?

Jith Ghar Har Kanth N Pragattee Bhath Nagar Sae

Graam ||

Those homes, those hearts, in which the Husband Lord
is not manifest-those towns and villages are like
burning furnaces..

Srab Seegaar Thanbol Ras San Dhaehee Sabh Khaam ||

All decorations, the chewing of betel to sweeten the
breath, and the body itself, are all useless and vain.

Prabh Suaamee Kanth Vihooneeaa Meeth Sajan Sabh

Jaam ||

Without God, our Husband, our Lord and Master, all
friends and companions are like the Messenger of

Death.

Naanak Kee Baenantheeaa Kar Kirapaa Dheejai Naam

||

This is Nanak's prayer: "Please show Your Mercy, and

bestow Your Name.

Har Maelahu Suaamee Sang Prabh Jis Kaa Nihachal

Dhhaam ||1||

O my Lord and Master, please unite me with Yourself,

O God, in the Eternal Mansion of Your Presence. ||1||

Chaeth Govindh Araadhheesai Hovai Anandh Ghanaa ||

In the month of Chayt, by meditating on the Lord of
the Universe, a deep and profound joy arises.

Santh Janaa Mil Paaeeai Rasanaa Naam Bhanaa ||

Meeting with the humble Saints, the Lord is found, as
we chant His Name with our tongues.

Jin Paaeiaa Prabh Aapanaa Aaeae Thisehi Ghanaa ||

Those who have found God-blessed is their coming into
this world.

Eik Khin This Bin Jeevanaa Birathhaa Janam Janaa ||

Those who live without Him, for even an instant-their
lives are rendered useless.

Jal Thhal Meheal Pooriaa Raviaa Vich Vanaa ||

The Lord is totally pervading the water, the land, and
all space. He is contained in the forests as well.

So Prabh Chith N Aavee Kitharraa Dhukh Ganaa ||
Those who do not remember God-how much pain
must they suffer!

Jinee Raaviaa So Prabhoo Thinnaa Bhaag Manaa ||
Those who dwell upon their God have great good
fortune.

Har Dharasan Kano Man Lochadhaa Naanak Piaas
Manaa ||

My mind yearns for the Blessed Vision of the Lord's
Darshan. O Nanak, my mind is so thirsty!

Chaeth Milaaeae So Prabhoo This Kai Paae Lagaa ||2||
I touch the feet of one who unites me with God in the
month of Chayt. ||2||

Vaisaakh Dhheeran Kio Vaadteeaa Jinaa Praem
Bishhohu ||

In the month of Vaisaakh, how can the bride be
patient? She is separated from her Beloved.

Har Saajan Purakh Visaar Kai Lagee Maaeiaa Dhohu ||

She has forgotten the Lord, her Life-companion, her
Master; she has become attached to Maya, the
deceitful one.

Puthr Kalathr N Sang Dhanaa Har Avinaasee Ouhu ||

Neither son, nor spouse, nor wealth shall go along with
you-only the Eternal Lord.

Palach Palach Sagalee Muee Jhoothai Dhhandhhai
Mohu ||

Entangled and enmeshed in the love of false
occupations, the whole world is perishing.

Eikas Har Kae Naam Bin Agai Leeahi Khohi ||

Without the Naam, the Name of the One Lord, they
lose their lives in the hereafter.

Dhay Visaar Viguchanaa Prabh Bin Avar N Koe ||

Forgetting the Merciful Lord, they are ruined. Without
God, there is no other at all.

Preetham Charanee Jo Lagae Thin Kee Niramal Soe ||
Pure is the reputation of those who are attached to the
Feet of the Beloved Lord.

Naanak Kee Prabh Baenathee Prabh Milahu Paraapath
Hoe ||

Nanak makes this prayer to God: “Please, come and
unite me with Yourself.”

Vaisaakh Suhaavaa Thaan Lagai Jaa Santh Bhaettai Har
Soe ||3||

The month of Vaisaakh is beautiful and pleasant, when
the Saint causes me to meet the Lord. ||3||

Har Jaeth Jurrandhaa Lorreeai Jis Agai Sabh Nivann ||
In the month of Jayt’h, the bride longs to meet with the
Lord. All bow in humility before Him.

Har Sajan Dhaavan Lagiaa Kisai N Dhaeee Bann ||
One who has grasped the hem of the robe of the Lord,
the True Friend-no one can keep him in bondage.

Maanak Mothee Naam Prabh Oun Lagai Naahee Sann

||

God's Name is the Jewel, the Pearl. It cannot be stolen
or taken away.

Rang Sabhae Naaraaeinai Jaethae Man Bhaavann ||

In the Lord are all pleasures which please the mind.

Jo Har Lorrae So Karae Soee Jeea Karann ||

As the Lord wishes, so He acts, and so His creatures
act.

Jo Prabh Keethae Aapanae Saeee Keheeahi Dhann ||

They alone are called blessed, whom God has made His
Own.

Aapan Leeaa Jae Milai Vishhurr Kio Rovann ||

If people could meet the Lord by their own efforts, why
would they be crying out in the pain of separation?

Saadhhoo Sang Paraapathae Naanak Rang Maanann ||
Meeting Him in the Saadh Sangat, the Company of the
Holy, O Nanak, celestial bliss is enjoyed.

Har Jaeth Rangeelaa This Dhhane Jis Kai Bhaag
Mathhann ||4||

In the month of Jayt'h, the playful Husband Lord meets
her, upon whose forehead such good destiny is
recorded. ||4||

Aasaarr Thapandhaa This Lagai Har Naahu N Jinnaa
Paas ||

The month of Aasaarh seems burning hot, to those
who are not close to their Husband Lord.

Jagajeevan Purakh Thiaag Kai Maanas Sandhee Aas ||
They have forsaken God the Primal Being, the Life of
the World, and they have come to rely upon mere
mortals.

Dhuyai Bhaae Vigucheeai Gal Pees Jam Kee Faas ||
In the love of duality, the soul-bride is ruined; around
her neck she wears the noose of Death.

Jaehaa Beejai So Lunai Mathhai Jo Likhiaas ||
As you plant, so shall you harvest; your destiny is
recorded on your forehead.

Rain Vihaanee Pashhuthaanee Outh Chalee Gee Niraas

||
The life-night passes away, and in the end, one comes
to regret and repent, and then depart with no hope at
all.

Jin Ka Saadhoo Bhaetteeai So Dharageh Hoe Khalaas

||
Those who meet with the Holy Saints are liberated in
the Court of the Lord.

Kar Kirapaa Prabh Aapanee Thaerae Dharasan Hoe
Piaas ||

Show Your Mercy to me, O God; I am thirsty for the
Blessed Vision of Your Darshan.

Prabh Thudhh Bin Dhoojaa Ko Nehee Naanak Kee
Aradhaas ||

Without You, God, there is no other at all. This is
Nanak's humble prayer.

Aasaarr Suhandhaa This Lagai Jis Man Har Charan
Nivaas ||5||

The month of Aasaarh is pleasant, when the Feet of the
Lord abide in the mind. ||5||

Saavan Sarasee Kaamanee Charan Kamal Sio Piaar ||

In the month of Saawan, the soul-bride is happy, if she
falls in love with the Lotus Feet of the Lord.

Man Than Rathaa Sach Rang Eiko Naam Adhhaar ||

Her mind and body are imbued with the Love of the
True One; His Name is her only Support.

Bikhiaa Rang Koorraaviaa Dhisan Sabhae Shhaar ||

The pleasures of corruption are false. All that is seen
shall turn to ashes.

Har Anmrith Boondh Suhaavane Mil Saadhoo

Peevanehaar ||

The drops of the Lord's Nectar are so beautiful!

Meeting the Holy Saint, we drink these in.

Van Thin Prabh Sang Mouliaa Sanmrathh Purakh Apaar

||

The forests and the meadows are rejuvenated and
refreshed with the Love of God, the All-powerful,

Infinite Primal Being.

Har Milanai No Man Lochadhaa Karam Milaavanehaar

||

My mind yearns to meet the Lord. If only He would
show His Mercy, and unite me with Himself!

Jinee Sakheeeae Prabh Paaeiaa Hano Thin Kai Sadh

Balihaar ||

Those brides who have obtained God-I am forever a
sacrifice to them.

Naanak Har Jee Maeiaa Kar Sabadh Savaaranehaar ||

O Nanak, when the Dear Lord shows kindness, He
adorns His bride with the Word of His Shabad.

Saavan Thinaa Suhaaganeer Jin Raam Naam Our Haar

||6||

Saawan is delightful for those happy soul-brides whose
hearts are adorned with the Necklace of the Lord's

Name. |16|

Bhaadhue Bharam Bhulaaneeaa Dhoojai Lagaa Haeth

||

In the month of Bhaadon, she is deluded by doubt,
because of her attachment to duality.

Lakh Seegaar Banaaeiaa Kaaraj Naahee Kaeth ||

She may wear thousands of ornaments, but they are of
no use at all.

Jith Dhin Dhaeh Binasasee Thith Vaelai Kehasan Praeth

||

On that day when the body perishes-at that time, she
becomes a ghost.

Pakarr Chalaaein Dhooth Jam Kisai N Dhaenee Bhaeth

||

The Messenger of Death seizes and holds her, and does
not tell anyone his secret.

Shhadd Kharrothae Khinai Maahi Jin Sio Lagaa Haeth ||

And her loved ones-in an instant, they move on,
leaving her all alone.

Hathh Marorrai Than Kapae Siaahahu Hoaa Saeth ||

She wrings her hands, her body writhes in pain, and
she turns from black to white.

Jaehaa Beejai So Lunai Karamaa Sandharraa Khaeth ||
As she has planted, so does she harvest; such i the field
of karma.

Naanak Prabh Saranaagathee Charan Bohithh Prabh
Dhaeth ||

Nanak seeks God's Sanctuary; God has given him the
Boat of His Feet.

Sae Bhaadhue Narak N Paaeeahi Gur Rakhan Vaalaa
Haeth ||7||

Those who love the Guru, the Protector and Savior, in
Bhaadon, shall not be thrown down into hell. |17| |

Asun Praem Oumaaharraa Kio Mileeai Har Jae ||
In the month of Assu, my love for the Lord overwhelms
me. How can I go and meet the Lord?

Man Than Piaas Dharasan Ghanee Koe Aan Milaavai
Maae ||

My mind and body are so thirsty for the Blessed Vision

of His Darshan. Won't someone please come and lead
me to him, O my mother.

Santh Sehaae Praem Kae Ho Thin Kai Laagaa Paae ||
The Saints are the helpers of the Lord's lovers; I fall and
touch their feet.

Vin Prabh Kio Sukh Paaeeai Dhoojee Naahee Jaae ||
Without God, how can I find peace? There is nowhere
else to go.



Jinnhee Chaakhiaa Praem Ras Sae Thripath Rehae
Aaghaae ||

Those who have tasted the sublime essence of His
Love, remain satisfied and fulfilled.

Aap Thiaag Binathee Karehi Laehu Prabhoo Larr Laae
||

They renounce their selfishness and conceit, and they
pray, ""God, please attach me to the hem of Your
robe.""

Jo Har Kanth Milaaeeaa S Vishhurr Kathehi N Jaae | |

Those whom the Husband Lord has united with
Himself, shall not be separated from Him again.

Prabh Vin Dhoojaa Ko Nehee Naanak Har Saranaae | |

Without God, there is no other at all. Nanak has
entered the Sanctuary of the Lord.

Asoo Sukhee Vasandheea Jinaa Maeiaa Har Raae

|18||

In Assu, the Lord, the Sovereign King, has granted His
Mercy, and they dwell in peace. |18| |

Kathik Karam Kamaavanae Dhos N Kaahoo Jog | |

In the month of Katak, do good deeds. Do not try to
blame anyone else.

Paramaesar Thae Bhuliaaan Viaapan Sabhae Rog | |

Forgetting the Transcendent Lord, all sorts of illnesses
are contracted.

Vaemukh Hoeae Raam Thae Lagan Janam Vijog ||

Those who turn their backs on the Lord shall be separated from Him and consigned to reincarnation, over and over again.

Khin Mehi Kourrae Hoe Geae Jitharrae Maaeiaa Bhog

||

In an instant, all of Maya's sensual pleasures turn bitter.

Vich N Koe Kar Sakai Kis Thhai Rovehi Roj ||

No one can then serve as your intermediary. Unto whom can we turn and cry?

Keethaa Kishhoo N Hovee Likhiaa Dhhur Sanjog ||

By one's own actions, nothing can be done; destiny was pre-determined from the very beginning.

Vaddabhaagee Maeraa Prabh Milai Thaan Outharehi

Sabh Bioug ||

By great good fortune, I meet my God, and then all
pain of separation departs.

Naanak Ko Prabh Raakh Laehi Maerae Saahib Bandhee

Moch ||

Please protect Nanak, God; O my Lord and Master,
please release me from bondage.

Kathik Hovai Saadhhasang Binasehi Sabhae Soch ||9||

In Katak, in the Company of the Holy, all anxiety
vanishes. |19| |

Manghir Maahi Sohandheea Har Pir Sang
Baitharreeaah ||

In the month of Maghar, those who sit with their
Beloved Husband Lord are beautiful.

Thin Kee Sobhaa Kiaa Ganee J Saahib Maelarreeaah ||

How can their glory be measured? Their Lord and
Master blends them with Himself.

Than Man Mouliaa Raam Sio Sang Saadhh

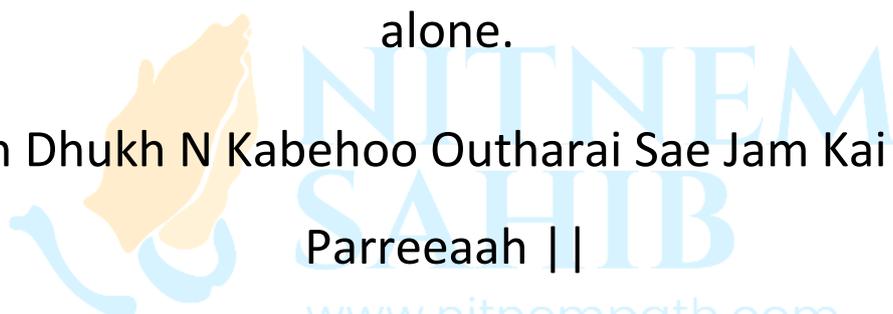
Sehaelarreeaah ||

Their bodies and minds blossom forth in the Lord; they
have the companionship of the Holy Saints.

Saadhh Janaa Thae Baaharee Sae Rehan Eikaelarreeaah

||

Those who lack the Company of the Holy, remain all
alone.



Thin Dhukh N Kabehoo Outharai Sae Jam Kai Vas
Parreeaah ||

Their pain never departs, and they fall into the grip of
the Messenger of Death.

Jinee Raaviaa Prabh Aapanaa Sae Dhisn Nith

Kharreeaah ||

Those who have ravished and enjoyed their God, are
seen to be continually exalted and uplifted.

Rathan Javaehar Laal Har Kanth Thinaa Jarreeaah ||
They wear the Necklace of the jewels, emeralds and
rubies of the Lord's Name.

Naanak Baanshai Dhhoorr Thin Prabh Saranee Dhar
Parreeaah ||

Nanak seeks the dust of the feet of those who take to
the Sanctuary of the Lord's Door.

Manghir Prabh Aaraadhanaa Bahurr N Janamarreeaah
||10||

Those who worship and adore God in Maghar, do not
suffer the cycle of reincarnation ever again. ||10||

Pokh Thukhaar N Viaapee Kanth Miliaa Har Naahu ||
In the month of Poh, the cold does not touch those,
whom the Husband Lord hugs close in His Embrace.

Man Baedhhaa Charanaarabindh Dharasan Lagarraa
Saahu ||

Their minds are transfixed by His Lotus Feet. They are attached to the Blessed Vision of the Lord's Darshan.

Outt Govindh Gopaal Raae Saevaa Suaamee Laahu ||

Seek the Protection of the Lord of the Universe; His service is truly profitable.

Bikhiaa Pahi N Sakee Mil Saadhoo Gun Gaahu ||

Corruption shall not touch you, when you join the Holy Saints and sing the Lord's Praises.

Jeh Thae Oupajee Theh Milee Sachee Preeth Samaahu

||

From where it originated, there the soul is blended again. It is absorbed in the Love of the True Lord.

Kar Gehi Leenee Paarabreham Bahurr N

Vishhurreeaahu ||

When the Supreme Lord God grasps someone's hand, he shall never again suffer separation from Him.

Baar Jaao Lakh Baereea Har Sajan Agam Agaahu ||
I am a sacrifice, 100,000 times, to the Lord, my Friend,
the Unapproachable and Unfathomable.

Saram Pee Naaraaeinai Naanak Dhar Peeaahu ||
Please preserve my honor, Lord; Nanak begs at Your
Door.

Pokh Suohandhaa Sarab Sukh Jis Bakhasae
Vaeparavaahu ||11||
Poh is beautiful, and all comforts come to that one,
whom the Carefree Lord has forgiven. ||11||

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Maagh Majan Sang Saadhooaa Dhhoorree Kar
Eisanaan ||

In the month of Maagh, let your cleansing bath be the
dust of the Saadh Sangat, the Company of the Holy.

Har Kaa Naam Dhhaae Sun Sabhanaa No Kar Dhaan ||
Meditate and listen to the Name of the Lord, and give
it to everyone.

Janam Karam Mal Outharai Man Thae Jaae Gumaan ||

In this way, the filth of lifetimes of karma shall be removed, and egotistical pride shall vanish from your mind.

Kaam Karodhh N Moheesai Binasai Lobh Suaan ||

Sexual desire and anger shall not seduce you, and the dog of greed shall depart.

Sachai Maarag Chaladhiaa Ousathath Karae Jehaan ||

Those who walk on the Path of Truth shall be praised throughout the world.

Athasath Theerathh Sagal Punn Jeea Dhaeiaa Paravaan

||

Be kind to all beings-this is more meritorious than bathing at the sixty-eight sacred shrines of pilgrimage and the giving of charity.

Jis No Dhaevai Dhaeiaa Kar Soee Purakh Sujaan ||
That person, upon whom the Lord bestows His Mercy,
is a wise person.

Jinaa Miliaa Prabh Aapanaa Naanak Thin Kurabaan ||
Nanak is a sacrifice to those who have merged with
God.

Maagh Suchae Sae Kaandteeahi Jin Pooraa Gur

Miharavaan ||12||

In Maagh, they alone are known as true, unto whom
the Perfect Guru is Merciful. ||12||

Falagun Anandh Oupaarajanaa Har Sajan Pragattae Aae

||

In the month of Phalgun, bliss comes to those, unto
whom the Lord, the Friend, has been revealed.

Santh Sehaae Raam Kae Kar Kirapaa Dheea Milaae ||

The Saints, the Lord's helpers, in their mercy, have
united me with Him.

Saej Suhaavee Sarab Sukh Hun Dhukhaa Naahee Jaae

||

My bed is beautiful, and I have all comforts. I feel no
sadness at all.

Eishh Puneer Vaddabhaaganeer Var Paaeiaa Har Raae ||

My desires have been fulfilled-by great good fortune, I
have obtained the Sovereign Lord as my Husband.

Mil Seheea Mangal Gaavehee Geeth Govindh Alaae ||

Join with me, my sisters, and sing the songs of rejoicing
and the Hymns of the Lord of the Universe.

Har Jaehaa Avar N Dhisee Koe Dhoojaa Lavai N Laae

||

There is no other like the Lord-there is no equal to Him.

Halath Palath Savaarioun Nihachal Dhitheean Jaae ||

He embellishes this world and the world hereafter, and
He gives us our permanent home there.

Sansaar Saagar Thae Rakhian Bahurr N Janamai Dhhaae

||

He rescues us from the world-ocean; never again do
we have to run the cycle of reincarnation.

Jihavaa Eaek Anaek Gun Tharae Naanak Charanee Paae

||

I have only one tongue, but Your Glorious Virtues are
beyond counting. Nanak is saved, falling at Your Feet.

Falagun Nith Salaahaeai Jis No Thil N Thamaae ||13||

In Phalgun, praise Him continually; He has not even an
iota of greed. ||13||

Jin Jin Naam Dhhaeiaa Thin Kae Kaaj Sarae ||

Those who meditate on the Naam, the Name of the
Lord-their affairs are all resolved.

Har Gur Poora Aaraadhhaa Dharageh Sach Kharae ||

Those who meditate on the Perfect Guru, the Lord
Incarnate-they are judged true in the Court of the Lord.

Sarab Sukhaa Nidhh Charan Har Bhoujal Bikhram Tharae

||

The Lord's Feet are the Treasure of all peace and comfort for them; they cross over the terrifying and treacherous world-ocean.

Praem Bhagath Thin Paaeaa Bikhiaa Naahi Jarae ||

They obtain love and devotion, and they do not burn in corruption.

Koorr Geae Dhubidhhaa Nasee Pooran Sach Bharae ||

Falsehood has vanished, duality has been erased, and they are totally overflowing with Truth.

Paarabreham Prabh Saevadhae Man Andhar Eaek

Dhharae ||

They serve the Supreme Lord God, and enshrine the One Lord within their minds.

Maah Dhivas Moorath Bhalae Jis Ko Nadhar Karae ||

The months, the days, and the moments are



auspicious, for those upon whom the Lord casts His
Glance of Grace.

Naanak Mangai Dharas Dhaan Kirapaa Karahu Harae

||14||

Nanak begs for the blessing of Your Vision, O Lord.

Please, shower Your Mercy upon me! ||14||

